

ASSIGNMENT #6

By this time you are most likely feeling a mass of confusing emotions about your Cadet returning home (excitement, fear, anxiety, happiness, depression...). These are all “normal” feelings that center on the unknown. How is my child going to be when they come back? Will the change last? Are things going to be any different? How are they going to be different? All of these feelings and questions can be addressed with a plan. If you plan to succeed you will likely accomplish your plan. If you do not plan failure and what you have always done is the end result. Have a plan before they come home!

Assignment:

- Write out a list of guidelines (household rules no more than 10) that will help you to accomplish your ideal relationship and environment that you described in Assignment #5. Make these guidelines apply to **everyone** in the household; not just children, but adults as well. Like Assignment #5 send this to the AMYA Counselor before sending it to your Cadet.

Now the real work begins. You must do the things you have learned and committed to. Repeat the assignments as needed, ask for help, ask for forgiveness, give forgiveness, and above all else “Never...Never.....Never....Give up!” *Winston Churchill*

Congratulations!!!!